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*in*

Baselga M. (ed.), Marai I.F.M. (ed.).  
Rabbit production in hot climates

Zaragoza : CIHEAM  
Cahiers Options Méditerranéennes; n. 8

1994  
pages 377-381

Article available on line / Article disponible en ligne à l'adresse :

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To cite this article / Pour citer cet article

Ubilla E., Rebolgar P.G. A study on the evolution of sexual receptivity and plasma estradiol-17beta levels throughout the lactation period, in rabbits. In : Baselga M. (ed.), Marai I.F.M. (ed.). *Rabbit production in hot climates*. Zaragoza : CIHEAM, 1994. p. 377-381 (Cahiers Options Méditerranéennes; n. 8)



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## A STUDY ON THE EVOLUTION OF SEXUAL RECEPTIVITY AND PLASMA ESTRADIOL-17 $\beta$ LEVELS THROUGHOUT THE LACTATION PERIOD, IN RABBITS.

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### ABSTRACT

This study was designed to determine the evolution of plasma estradiol 17- $\beta$ (E<sub>2</sub>) levels and sexual receptivity(S.R.), from days 1 to 30 of the lactation period in rabbits. E<sub>2</sub> and S.R. were measured daily in 12 lactating doe rabbits of the California x New Zealand breed with 7-10 pups/litter. E<sub>2</sub> levels were determined by immunoassay (ELISA), and S.R. by means of the turgidity and color of the vulva. High means of plasma E<sub>2</sub> concentrations were found on days 1, 5 to 7, and 23 to 30 of the post-partum period(P.P.), (p< 0.001), and low E<sub>2</sub> levels on days 13 to 23 of the P.P.(p< 0.05), when comparing to the general mean E<sub>2</sub> level (11.7  $\pm$  0.3pg/ml). 75% of the does showed high S.R. on day 1 after parturition (p< 0.001). High and medium S.R. was observed in most of the females (80%) on days 2, and 25 to 30 of the P.P.(p< 0.05). Mean plasma E<sub>2</sub> levels differed in does with high S.R. compared to animals with medium or low S.R.(15.2  $\pm$  0.13pg/ml vs. 11.4  $\pm$  0.10pg/ml and 11.5  $\pm$  0.12pg/ml, respectively; p< 0.05). Correlation of plasma E<sub>2</sub> concentrations with S.R. was not significant.

The results suggest the presence of at least three high plasma E<sub>2</sub> concentrations intervals, and two periods of increased S.R. in lactating non-pregnant rabbits throughout the postpartum days. Mean plasma E<sub>2</sub> levels differed in does with high S.R. compared to animals with medium and low S.R. Sexual behaviour appeared to be influenced by the lactation period, probably via prolactin levels.

Key words: rabbits, estradiol 17- $\beta$ , sexual receptivity, lactation period.

### INTRODUCTION

Steroid hormones are involved in rabbits reproductive behaviour. Reproductive activity is stimulated by estrogen and inhibited by progesterone in ovariectomized does (Hudson, et al.,1990). Sexual receptivity (S.R.) tends to be related to the serum estradiol levels in pseudopregnant does (Caillol, et al.,1983), and a direct relation between plasma E<sub>2</sub> mean levels and high or low S.R. rabbits during the post-partum period(P.P.), has been reported (Elsaesser. 1980). The failure of mating on day 14 postpartum is related to low estradiol-17 $\beta$  levels, when comparing with rabbits that ovulated (Lamb, et al.,1991). The data available on evolution of E<sub>2</sub> concentrations during the postpartum period (P.P.) are widely variable and suggest days 1 and 9 of the P.P., as favorable for insemination (Rebollar, et al., 1992). Scanty information related on the S.R. variations throughout all the lactation period is available.

This study was designed in order to observe the evolution of plasma E<sub>2</sub> levels and S.R. in doe rabbits with similar lactation level from day 1 to 30 of the lactation period.

## MATERIALS AND METHODS

Blood samples were daily obtained from the margin ear vein, using sterile heparanized tubes, in 12 multiparous lactating rabbits of the California x New Zealand breed, with 7 - 10 pups/litter, on days 1 to 30 of the P.P. Animals were housed in individual cages with controlled light/dark cycles (16h/8h) and fed ad libitum with a commercial pelleted diet (Visan - Madrid, Spain). Plasma obtained after centrifugation was stored at  $-30^{\circ}\text{C}$  until analyzed. Plasma  $\text{E}_2$  concentrations were measured by immunoenzymatic assay (ELISA) (Munro and Stabenfeld, 1984). The sensitivity of the assay was 0.9 pg/well. The intra-assay coefficient of variation (CV) of a doe rabbit plasma sample containing a mean of 22.5pg/ml  $\text{E}_2$  was less than 7%. The inter-assay CV was less than 13.8% (n=11).

With the aim of predicting receptivity of the female to the male, sexual receptivity (S.R.) was determined daily in this group of animals according to the turgidity and colour of the vulva. It has been established that mating acceptance in the rabbit, is directly related to the turgidity and colour of the vulva (Pla, et al., 1984; Gosalvez, et al., 1985), as well as, colour of the vulva is directly related to fertility (McNitt and Moody, 1989). According to this information rabbits were categorized in three S.R. levels: with high S.R. (S.R.3), medium S.R. (S.R.2), or low S.R. (S.R.1), (Rodriguez, et al., 1989).

Statistical analysis of the effect of the postpartum day on the variables studied was carried out using a nonparametric procedure (Categorical Data Modeling: CATMOD), and means were compared using the Contrast Procedure. Correlation between  $\text{E}_2$  and S.R. were analyzed using the General Linear Model Procedure (GLM), (SAS, STAT, 1985).

## RESULTS

Plasma estradiol 17- $\beta$  concentrations and sexual receptivity level evolutions, are presented in Figure 1. High means plasma  $\text{E}_2$  concentrations were found on days 1, 5 to 7, and 23 to 30 of the P.P. ( $p < 0.001$ ), and low  $\text{E}_2$  levels from day 13 to 23 of the P.P. ( $p < 0.05$ ), when comparing to the global mean  $\text{E}_2$  level ( $11.7 \pm 0.3\text{pg/ml}$ ). 75% of the doe rabbits showed high S.R. on day 1 after parturition ( $p < 0.001$ ). High and medium S.R. was observed in most of the females (80%) on days 2, and 25 to 30 of the P.P. ( $p < 0.05$ ). Mean plasma  $\text{E}_2$  levels differed in animals with high S.R. compared to rabbits with medium and low S.R. ( $15.2 \pm 0.13\text{pg/ml}$  vs.  $11.4 \pm 0.10\text{pg/ml}$  and  $11.5 \pm 0.12\text{pg/ml}$ , respectively;  $p < 0.05$ ). Correlation of plasma  $\text{E}_2$  levels with S.R. was not significant.

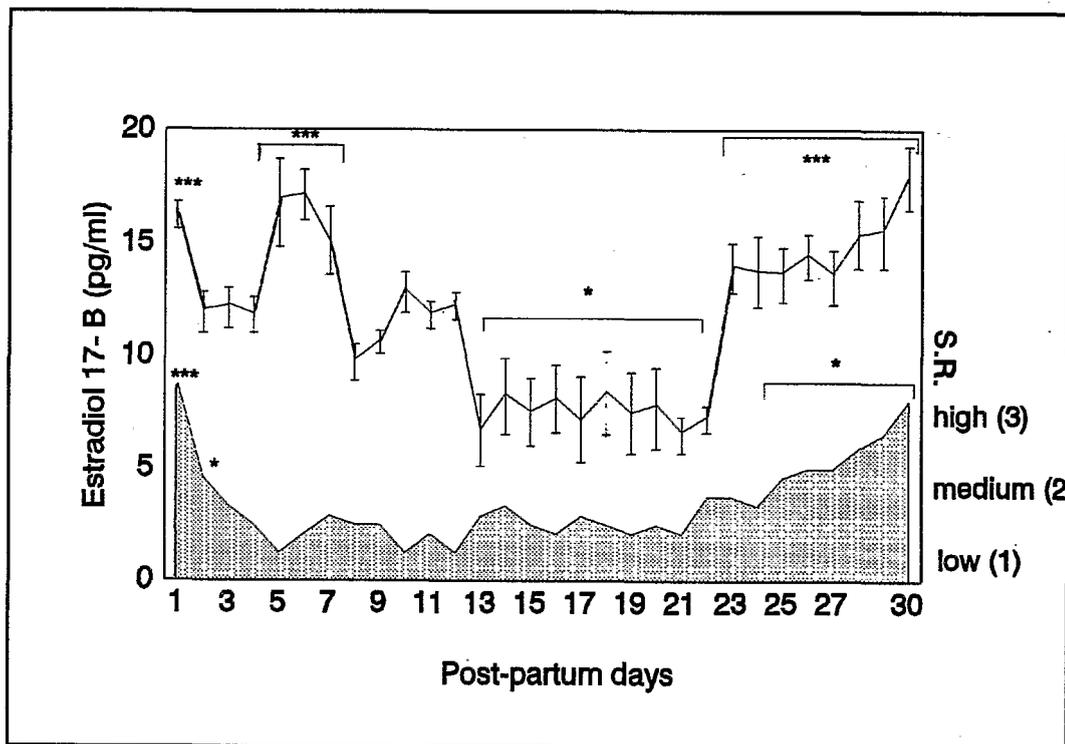


Fig.1

Mean ( $\pm$  S.E.M.) plasma estradiol-17 $\beta$  ( $E_2$ ) concentrations during post-partum days in lactating non-pregnant rabbits. Each point ( $\pm$  S.E.M.) represent the mean of 12 samples.  $E_2$  levels were higher on days 1, 5 to 7, and 23 to 30 (\*\* $p < 0.001$ ), and lower on days 13 to 23 of the post-partum period (\*  $p < 0.05$ ), compared to the general mean  $E_2$  level ( $11.7 \pm 0.3$ pg/ml).

Area represent the evolution of sexual receptivity (S.R.) in the same rabbits. S.R. was higher on days 1 (\*\* $p < 0.001$ ), 2, and 25 to 30 of the post-partum period (\*  $p < 0.05$ ).

## DISCUSSION

Plasma  $E_2$  levels found in our study are in agreement with those observed in non-pregnant lactating rabbits (Stouffeld and Caillol., 1988). The increased plasma  $E_2$  levels on day 1 after parturition, and on day 5 to 7 of the P.P. are probably related to the follicular growth and increase of the follicle steroidogenic activity that occurred between the last days of pregnancy, and the first day after parturition (Osteen and Mills., 1980), and between day 5 to 9 of the P.P. (Diaz, et al., 1987), as well as, to the high plasma FSH levels observed around day 5 after parturition in lactating rabbits (Ubilla, et al., 1992). In this study, the mean plasma  $E_2$  levels observed on day 1 of the P.P. could be related to the final stage of the first follicular growth wave. Our results suggest the presence of another follicular growth wave between days 23 to 30 of the P.P. in non-pregnant lactating rabbits. It is interesting to point out that the increased  $E_2$  levels found on day 1, and days 23 to 30 after parturition, practically coincides with the rise of S.R. on days 1,2, and 25 to 30 of the P.P.(Fig.1).

Nevertheless, this relation cannot be explained by the correlation of plasma  $E_2$  levels with S.R. found in our study. The high S.R. showed by the rabbits on these days, could be due to the involvement of follicular estrogen in the induction of S.R. (Hudson, et al., 1990; Lefebvre and Caillol, 1978). High follicular estradiol- $17\beta$  concentration, as well as, low atresia rate were observed in rabbits that accept mating (Lefebvre and Caillol, 1978). Furthermore, the increase of S.R. during the first and last days of the lactation period, occurred under the low plasma prolactin levels, which is implicated in the S.R. inhibition (Theau-Clement and Roustan, 1992; Ubilla et al., 1992).

A high proportion of our rabbits, showed low S.R. during the second interval of increased plasma  $E_2$  levels (days 5 to 7 of the P.P.; Fig.1). This decrease in the reproductive behaviour takes place when lactation in does with 7-10pups/litter is well established (Torres et al., 1979; Chekke, et al., 1982), and is probably related to the depression effect of lactation on receptivity, described in nursing rabbits (Theau-Clement, et al., 1990). This effect could be caused by the antagonism between the increase of plasma prolactin concentrations during this period (Ubilla, et al., 1992), and the estrogenic effect on S.R. described (Hudson, et al., 1990).

The low S.R. observed from day 7 to 24 of the lactation period could be a result of various factors such as, the low plasma  $E_2$  concentrations observed in this study, the depress effect of lactation (Theau-Clement, et al., 1990), and the increased plasma prolactin concentrations (Ubilla, et al., 1992). Increased amounts of prolactin in plasma were associated with high levels of prolactin in antral fluid and a marked reduction in FSH accumulation. These follicles appeared with a reduced number of granulosa cells able to produce estradiol (McMatty, 1979).

The results suggest the presence of at least three high plasma  $E_2$  concentration intervals, and two periods of increased S.R. in lactating non-pregnant rabbits during the postpartum days. Mean plasma  $E_2$  levels differed in rabbits with high S.R. compared to animals with medium or low S.R. No correlation of plasma  $E_2$  levels with S.R. was found. Sexual behaviour appeared to be influenced by the lactation period, probably via prolactin concentrations. A long low S.R. interval (from day 3 to 24 of the P.P.) in lactating rabbits with 7-10pups/litter is observed. A decrease in the ovulation rate could be expected during these P.P. days, and hormone induction of oestrus appears to be necessary.

## ACKNOWLEDGEMENT

This study (A-9331) was financially supported by the Politechnical University of Madrid, Spain.

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